

Term	Week	Theme	Topic	PSHE Code	Lesson Title
1	1	Relationships, Families and Friends	Friendships	R	What is the impact of loneliness?
1	2	Relationships, Families and Friends	Friendships	R	What is the impact of loneliness?
1	3	Relationships, Families and Friends	Friendships	R	Assessment Lesson: Friendships
1	4	Health and Wellbeing	Mental Health and Drug Education	H&W	How do people manage transitions?
1	5	Health and Wellbeing	Mental Health and Drug Education	H&W	How do people manage transitions?
1	6	Health and Wellbeing	Mental Health and Drug Education	H&W	Assessment Lesson: Mental Health and Drug Education
1	7	Careers Education	Grow Throughout Life	LW	How do challenges help you grow?
Term	Week	Theme	Topic	PSHE Code	Lesson Title
2	8	Relationships, Families and Friends	Families and Close Relationships	R	What does a healthy committed relationship look like?
2	9	Relationships, Families and Friends	Families and Close Relationships	R	What does a healthy committed relationship look like?
2	10	Relationships, Families and Friends	Families and Close Relationships	R	Assessment Lesson: Families and Close Relationships
2	11	Staying Safe	Safe Relationships	R	How can pressure put people in danger?
2	12	Staying Safe	Safe Relationships	R	How can pressure put people in danger?
2	13	Staying Safe	Safe Relationships	R	Assessment Lesson: Safe Relationships

2	14	Careers Education	Create Opportunities	LW	What is it like to set up a business?
Term	Week	Theme	Topic	PSHE Code	Lesson Title
3	15	Staying Safe	Online Safety	R/H&W	What's real and what's fake online?
3	16	Staying Safe	Online Safety	R/H&W	What's real and what's fake online?
3	17	Staying Safe	Online Safety	R/H&W	Assessment Lesson: Online Safety
3	18	Relationships, Families and Friends	Hurtful Behaviour and Bullying	R	What is discrimination?
3	19	Relationships, Families and Friends	Hurtful Behaviour and Bullying	R	What is discrimination?
3	20	Relationships, Families and Friends	Hurtful Behaviour and Bullying	R	Assessment Lesson: Hurtful Behaviour and Bullying
Term	Week	Theme	Topic	PSHE Code	Lesson Title
4	21	Careers Education	Balance Life and Work	LW	How can I manage money?
4	22	Staying Safe	Safety in and Outside the Home	H&W	What should people do in an accident or emergency?
4	23	Staying Safe	Safety in and Outside the Home	H&W	What should people do in an accident or emergency?
4	24	Staying Safe	Safety in and Outside the Home	H&W	Assessment Lesson: Safety in and Outside the Home
4	25	Careers Education	See the Big Picture	LW	How might working life change in the future?
Term	Week	Theme	Topic	PSHE Code	Lesson Title
5	26	Personal Development and Social Responsibility	Growing and Changing	H&W/R	How can my identity help me in a new school?

5	27	Personal Development and Social Responsibility	Growing and Changing	H&W/R	How can my identity help me in a new school?
5	28	Personal Development and Social Responsibility	Growing and Changing	H&W/R	Assessment Lesson: Growing and Changing
5	29	Health and Wellbeing	Physical Health	H&W	How do good hygiene and medical care support our health?
5	30	Health and Wellbeing	Physical Health	H&W	How do good hygiene and medical care support our health?
5	31	Health and Wellbeing	Physical Health	H&W	Assessment Lesson: Physical Health
5	32	Careers Education	Explore Possibilities	LW	Why are qualifications important for jobs?
Term	Week	Theme	Topic	PSHE Code	Lesson Title
6	33	Health and Wellbeing	Mental Health and Drug Education	H&W	How do drugs impact people?
6	34	Health and Wellbeing	Mental Health and Drug Education	H&W	How do drugs impact people?
6	35	Health and Wellbeing	Mental Health and Drug Education	H&W	Assessment Lesson: Mental Health and Drug Education
6	36	Personal Development and Social Responsibility	Money	LW	How do people budget and look after their money?
6	37	Personal Development and Social Responsibility	Money	LW	How do people budget and look after their money?
6	38	Personal Development and Social Responsibility	Money	LW	Assessment Lesson: Money
6	39	Careers Education	Manage Career	LW	How can I prepare for change?