

**QUEEN ELEANOR
PRIMARY
ACADEMY**

*Creative
Education
Trust*



CO-CURRICULAR & GOLDEN TIME ACTIVITIES BROCHURE 2025-26

Our Co-Curricular Programme

At Queen Eleanor Academy, we are committed to providing a broad and exciting co-curricular programme that develops children's interests, talents, and wellbeing, while supporting their learning and personal growth. These opportunities are an essential part of school life, giving every child the chance to explore new experiences, build confidence, and discover what they love.

Our co-curricular offer is closely aligned with the Creative Education Trust (CET) values of Ambition, Equity, and Opportunity.

- Ambition – inspiring our students to aim high and achieve their personal best.
- Equity – ensuring all pupils have fair access to high-quality experiences.
- Opportunity – opening doors to new skills, friendships, and lifelong passions.

The activities and clubs in our programme are also linked to the Personal Development Framework, which helps us nurture key skills such as:

- Oracy & Communication – building confidence in speaking and listening.
- Critical Thinking & Reflection – encouraging problem-solving and independent thinking.
- Emotional Literacy & Self-Regulation – supporting wellbeing and resilience.
- Teamwork, Leadership & Collaboration – developing responsibility and belonging.

These elements are carefully planned to ensure every child has access to meaningful experiences that help them grow as learners and individuals.

We offer a range of activities throughout the school week, each with its own sign-up process:

- Leadership Programmes – These take place in school. Students sign up and apply during the school day.
- Lunchtime Clubs – Students sign up at school and take part during lunch breaks.
- Golden Time – Every Friday, 2:00–2:30pm. Children select their activity at school, usually for half a term at a time.
- After-School Clubs – Parents sign up via Arbor. Please note that clubs delivered by external providers may have a cost, which will be clearly shown at the bottom of each page.

We are committed to ensuring every child can participate, regardless of circumstance. Pupil Premium funding is available to support families who may need help with the cost of clubs.

Golden Time Clubs



Biscuit and Book Club

When: Golden Time

Who for: Reception to Year 1

What we do and learn:

Children share high-quality picture books in a relaxed, social setting while enjoying a biscuit. They listen attentively, join in with repeated language and rhymes, and talk about the stories, characters, and their own experiences. This nurtures early language development, builds confidence in speaking, and encourages a lifelong enjoyment of reading.

(Oracy & Communication, Critical Thinking & Reflection)



Mindfulness Colouring

When: Golden Time

Who for: Reception to Year 6

What we do and learn:

Children take part in quiet, focused colouring using patterns, mandalas, and creative designs. They work individually or in small, calm groups, paying close attention to colours, shapes, and the movement of their hands. This mindful approach helps them manage emotions, build patience, and sustain attention on a task. It also encourages creativity and self-expression while offering a peaceful space to relax and recharge.

(Emotional Literacy & Self-Regulation, Character Education)

Golden Time Clubs



Key Stage 2 Book Club

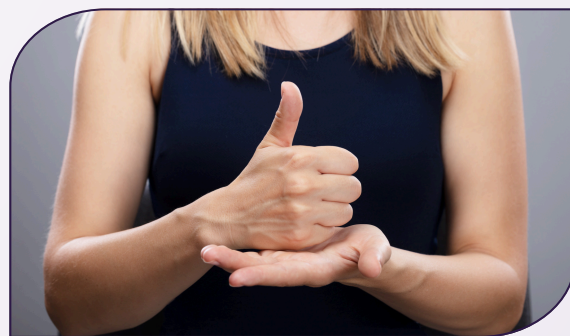
When: Golden Time

Who for: Year 3 to Year 6

What we do and learn:

Children read a book together, they begin the next book and learn how to choose reading material based on personal interests and preferences. Pupils also write regular book reviews to share with classmates, families, and staff, developing both written and verbal communication skills. This club encourages a lifelong love of reading, builds critical thinking, and fosters the confidence to share and recommend books to others.

(Oracy & Communication, Critical Thinking & Reflection)



Sign Language Club

When: Golden Time

Who for: Year 2 to Year 6

What we do and learn:

Children learn basic sign language through fun, interactive activities, starting with everyday words and phrases before moving on to songs and simple conversations. Each week, they practise together, building the confidence to communicate in new ways and developing empathy by understanding how others experience the world. This activity develops focus, perseverance, and teamwork while providing leadership opportunities as children support their peers. It builds vital communication skills.

(Oracy & Communication, Inclusion & Diversity, Character & Leadership)

Golden Time Clubs



Sewing

When: Golden Time

Who for: Reception to Year 6

What we do and learn:

Children learn the basics of hand sewing, including threading a needle, running stitch, and sewing on buttons. They follow instructions carefully, manage their time to complete a project, and practise fine motor control and hand-eye coordination. Alongside these practical skills, they develop creativity, patience, and pride in producing something by hand, as well as kindness and encouragement when working alongside others. Sewing is a valuable life skill that encourages resourcefulness, supports independence, and can be applied in everyday problem-solving.

(Critical Thinking & Reflection, Personal Responsibility & Agency, Character Education)



Diamond Art

When: Golden Time

Who for: Reception to Year 6

What we do and learn:

Children carefully place small resin "diamonds" onto a patterned guide to create intricate, sparkling designs. This activity strengthens fine motor skills, hand-eye coordination, and the ability to focus for sustained periods. It also encourages patience, attention to detail, and pride in completing a detailed piece of work. Diamond Art is a creative skill that can be used to produce decorative gifts, personalise belongings, and foster a sense of achievement through careful craftsmanship.

(Emotional Literacy & Self-Regulation, Character Education)

Golden Time Clubs



Cooking on a Budget

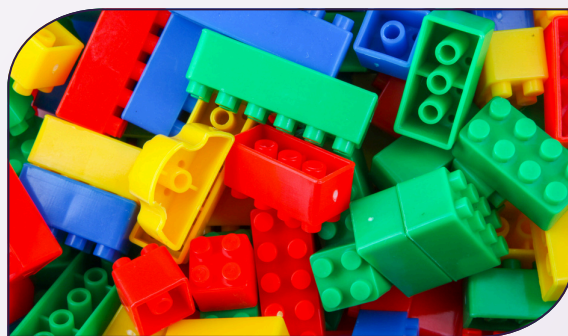
When: Golden Time

Who for: Reception to Year 6

What we do and learn:

Children learn how to prepare simple, affordable meals and bakes that they can recreate at home with their families. They practise measuring, mixing, and following recipes, and explore different cake decorating techniques to develop creativity and presentation skills. Alongside practical cooking skills, they learn about budgeting, making healthy choices, and working safely in the kitchen. Cooking is a valuable life skill that supports independence, strengthens family connections, and fosters pride in sharing food with others.

(Personal Responsibility & Agency, Character Education)



Lego

When: Golden Time

Who for: Reception to Year 6

What we do and learn:

Children design and build models using LEGO bricks, working from their own ideas or set challenges. They develop fine motor skills, spatial awareness, and problem-solving by testing and adapting their designs. Working individually or in groups, they practise sharing ideas, negotiating plans, and helping each other bring creations to life. These skills support creative thinking, teamwork, and perseverance, which can be applied to many learning and real-life situations.

(Critical Thinking & Reflection, Oracy & Communication, Character Education)

Golden Time Clubs



Chess

When: Golden Time

Who for: Reception to Year 6

What we do and learn:

Children learn the names, movements, and values of chess pieces before progressing to tactics and strategic thinking. They practise planning ahead, anticipating an opponent's moves, and adapting their approach as the game develops. Playing chess builds patience, concentration, and resilience, and gives pupils the opportunity to take part in friendly competitions within school and beyond.

(Critical Thinking & Reflection, Character Education)



Forest School

When: Golden Time

Who for: Reception to Year 6

What we do and learn:

Children take part in outdoor activities such as den building, nature trails, and seasonal craft using natural materials. They learn to assess and manage risks, work as part of a team, and care for the natural environment. These sessions encourage problem-solving, resilience, and appreciation of the outdoors while building practical skills that can be applied in everyday life.

(Character Education, Personal Responsibility & Agency)

Golden Time Clubs



Crochet

When: Golden Time

Who for: Reception to Year 6

What we do and learn:

Children learn basic crochet stitches and patterns before progressing to simple garments such as hats or vests. They also practise sewing skills to create or repair small items. These activities develop fine motor control, hand-eye coordination, and the ability to follow multi-step instructions. Pupils build patience and perseverance, and gain a practical skill that can be used for creative projects or making and repairing clothing.

(Character Education, Critical Thinking and Reflection, Personal Responsibility & Agency)



Learn to Ride

When: Golden Time (SPRING 2026)

Who for: Reception to Year 6

What we do and learn:

Children learn how to ride a bike safely and confidently using the school's bicycles. They develop balance, coordination, and control, as well as key safety skills such as starting, stopping, and signalling. Learning to ride is an important life skill that promotes independence, healthy activity, and the confidence to take part in cycling beyond school.

(Character Education, Personal Responsibility and Agency)

Golden Time Clubs



Muay Thai

When: Golden Time

Who for: Reception to Year 6

What we do and learn:

Children are introduced to the techniques of Muay Thai, a martial art from Thailand that uses fists, elbows, knees, and shins for striking. Training develops coordination, agility, and focus while building physical fitness. Pupils also learn discipline, self-control, and respect for themselves and others. Key beginner skills such as the jab, cross, hook, and basic kicks are taught in a safe, non-contact environment. These skills promote confidence and awareness that can support personal safety and wellbeing.

(Character Education, Emotional Literacy & Self-Regulation, Personal Responsibility & Agency)



Photography

When: Golden Time

Who for: Reception to Year 6

What we do and learn:

Children learn to use cameras or tablets to capture images based on their interests or a weekly theme. They explore composition, lighting, and perspective, and practise selecting and editing their best shots. Over time, they build a virtual scrapbook or portfolio that reflects their imagination and creative growth. Photography develops observation skills, attention to detail, and the ability to tell a story visually. It also encourages pupils to value and document the world around them responsibly.

(Critical Thinking & Reflection, Character Education)

Golden Time Clubs



Multi-Skills Sports

When: Golden Time

Who for: Reception to Year 2

What we do and learn:

In Multi-Skills Sports Club, children take part in a variety of fun games and activities designed to build core physical skills such as balance, coordination, agility, and spatial awareness. They explore different types of movements and sports-based skills, developing a strong foundation for future physical activities.

Students also learn how to work with others, listen carefully, and problem-solve as they take on different challenges, building confidence and enjoyment in being active.

(Physical Wellbeing, Oracy & Communication, Teamwork & Collaboration, Critical Thinking, Emotional Regulation, Resilience)



Drama Club

When: Golden Time

Who for: Years 3-6

What we do and learn:

In Drama Club, students explore the world of performance through fun games, role play, and script work. They learn to express themselves creatively, build confidence, and develop their speaking and listening skills. Sessions focus on storytelling, character building, and teamwork as children work together to create performances.

Taking part in drama helps students grow in self-belief, empathy, and resilience, while giving them the chance to shine and share their talents with others.

(PD Components: Oracy & Communication, Creativity, Emotional Regulation, Teamwork & Collaboration, Critical Thinking, Resilience)

Lunchtime and After-School Clubs



Time to Play

When: After School Club

Who for: Early Years and Year 1 (with KS2 leaders supporting)

What we do and learn:

This club provides a variety of play-based activities for Early Years children, supported by older KS2 pupils acting as play leaders. Younger children develop social skills, turn-taking, and the ability to share and cooperate through imaginative play, construction, and games. KS2 leaders gain experience in guiding and encouraging younger pupils, building empathy, patience, and responsibility. These experiences promote positive relationships across year groups and give pupils confidence in working with others.

(Oracy & Communication, Character Education, Enrichment, Leadership & Experiences)



Hockey Skills

When: Thursday Lunchtime Club

Who for: Reception to Year 6

What we do and learn:

Children learn and practise core hockey skills such as dribbling, passing, receiving, and shooting. Sessions include fun drills and small-sided games that develop coordination, agility, and spatial awareness. Pupils also learn the importance of teamwork, communication, and fair play. Taking part in sport helps to build a lasting enjoyment of physical activity and supports a healthy, active lifestyle. These skills can be applied in PE lessons, school competitions, and other team sports, building both physical fitness and confidence.

(Character Education, Personal Responsibility & Agency, Oracy & Communication)

After-School Clubs



QEP Press Gang

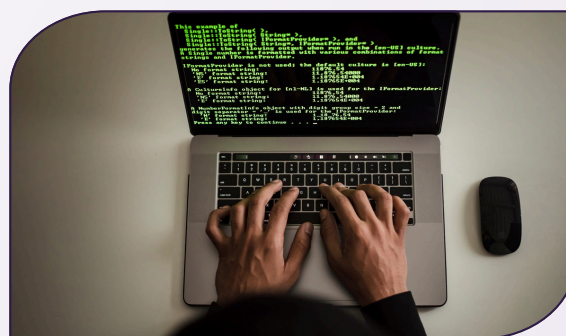
When: Tuesday 15:30 - 16:30

Who for: Years 4–6

What we do and learn:

Pupils take on the role of school journalists, reporting on events and achievements at Queen Eleanor. They learn how to research, interview, write, and edit articles, as well as select images to support their stories. The finished reports are published as news updates for the school community. This club develops clear communication, attention to detail, and the ability to work to deadlines. It also builds teamwork and pride in sharing the successes of others and a way of sharing all of the wonderful things that happen at QEP with the community.

(Oracy & Communication, Critical Thinking & Reflection, Character Education)



Coding Club

When: Tuesday 15:30 - 16:30

Who for: Reception to Year 6

What we do and learn:

Pupils are introduced to the fundamentals of computer coding through age-appropriate activities and challenges. They learn how to create simple programs, debug errors, and use logical thinking to solve problems. As their skills grow, they explore sequencing, loops, and basic algorithms, applying creativity to design games, animations, or interactive stories. Coding builds resilience through trial and error, fosters problem-solving skills, and gives pupils a foundation in a valuable modern skill that can be developed further in the future.

(Critical Thinking & Reflection, Character Education)

After-School Clubs



Young Voices

When: After School Club (Friday)
15:15 - 16:30

Who for: Years 4–6

What we do and learn:

Join our Young Voices Club and be part of an unforgettable musical experience! Each week, we'll practise exciting songs and routines to prepare for the spectacular Young Voices concert, where thousands of children come together to perform in a professional arena. A fun way to build confidence, teamwork, and a love of singing!

(Oracy & Communication)



Debate Club

When: After School Club (Tuesday)
15:15 - 16:30

Who for: Years 4–6

What we do and learn:

Pupils explore current issues and topics of interest, learning how to research, structure, and present persuasive arguments. They practise speaking with clarity and confidence, listening actively, and responding respectfully to differing viewpoints. Through friendly debates, they develop the ability to think critically, consider multiple perspectives, and adapt their reasoning. These skills strengthen communication, teamwork, and problem-solving, and can be applied to many areas of learning and life.

(Oracy & Communication, Critical Thinking & Reflection, Character Education)

After-School Clubs



Ukelele Club

When: Thursday 15:15 - 16:15

Who for: Years 3–6

What we do and learn:

In Ukulele Club, students learn how to play this fun and versatile instrument, starting with basic chords, strumming techniques, and simple songs. As their skills grow, they begin to play more confidently, exploring rhythm, melody, and musical expression.

Through group playing and performances, students develop listening skills, perseverance, and creativity while building confidence and a love for music.

(Oracy & Communication, Creativity, Critical Thinking, Emotional Regulation, Resilience, Teamwork & Collaboration)

Cost: £5 per session (PP funding available)



Percussion Club

When: Tuesday 15:15 - 16:15

Who for: Year Reception - Year 2

What we do and learn:

In Percussion Club, children explore a range of instruments and rhythms through fun, hands-on musical activities. They learn to keep a steady beat, experiment with sounds, and play together as a group, developing early musical skills and coordination.

The sessions encourage listening, turn-taking, and self-expression, helping children to build confidence and enjoy making music with others.

(Oracy & Communication, Creativity, Physical Wellbeing, Emotional Regulation, Teamwork & Collaboration, Resilience)

Cost: £5 per session (PP funding available)

After-School Clubs



Gymnastics club

When: Monday 15:15 - 16:30

Who for: Year Reception- Year 2

What we do and learn:

In Gymnastics Club, children explore a variety of fun and engaging activities that help them develop balance, coordination, strength, and flexibility. Through learning different movements, shapes, and simple routines, they build confidence in their physical abilities and improve body awareness. Students will also develop key skills such as perseverance, focus, and teamwork as they support and encourage one another.

(PD) components : Emotional Regulation, Critical Thinking).

Cost: £5.50 per session (PP funding available)



Glow in the Dark Dodgeball

When: Tuesday 15:15 - 16:30

Who for: Years 3 and 4

What we do and learn:

Glow in the Dark Dodgeball brings a thrilling twist to a classic game! Under UV lights, students play with glowing balls and equipment, creating a high-energy, exciting experience. The sessions focus on developing agility, coordination, and teamwork while encouraging quick thinking and strategic play.

As well as improving fitness and confidence, students learn to communicate clearly, work together, and show resilience as they take on fun challenges in a vibrant, supportive environment.

(PD Components: Wellbeing, Teamwork & Collaboration, Oracy & Communication, Critical Thinking, Emotional Regulation)

Cost: £5:50 per session (PP funding available)

After-School Clubs



Multi-Skills Sports

When: Thursday 15:15 - 16:30

Who for: Year Reception - Year 2

What we do and learn:

In Multi-Skills Sports Club, children take part in a variety of fun games and activities designed to build core physical skills such as balance, coordination, agility, and spatial awareness. They explore different types of movements and sports-based skills, developing a strong foundation for future physical activities.

Students also learn how to work with others, listen carefully, and problem-solve as they take on different challenges, building confidence and enjoyment in being active.

(Physical Wellbeing, Oracy & Communication, Teamwork & Collaboration, Critical Thinking, Emotional Regulation, Resilience)

Cost: £5.50 per session (PP funding available)



Fencing Club

When: Friday 15:15 - 16:30

Who for: Years 3 - Year 6

What we do and learn:

In Fencing Club, students learn the fundamentals of this exciting sport, including stance, footwork, attack, and defence. They develop focus, agility, and precision while practising skills in a safe and structured environment.

As they progress, students build strategic thinking by planning their moves and anticipating their opponent's actions. They also grow in confidence, discipline, and respect for others through sportsmanship and self-control.

(Physical Wellbeing, Oracy & Communication, Critical Thinking, Emotional Regulation, Resilience, Teamwork & Collaboration)

Cost: £5:50 per session (PP funding available)

After-School Clubs



Football Club

When: Wednesday 15:15 - 16:30

Who for: Year Reception- Years 5 & 6

What we do and learn:

In Football Club, children take part in fun games and activities that help them develop coordination, balance, and agility while learning basic football skills such as dribbling, passing, and shooting. They also learn the importance of teamwork, fair play, and following rules.

Through these sessions, students build confidence, resilience, and a sense of belonging as they work together towards shared goals and celebrate each other's successes.

(Physical Wellbeing, Oracy & Communication, Teamwork & Collaboration, Critical Thinking, Emotional Regulation, Resilience)

Cost: £5.50 per session (PP funding available)

Student Leadership -

these activities run during the school day



Student Council

Who for: Years 4–6

What we do and learn:

Student Councillors represent the views of their classmates and work together to help shape the direction of the school. They take part in regular meetings to discuss ideas for school improvement, lead assemblies, welcome and speak with visitors, and act as ambassadors for the school. Through this role, pupils develop confidence in public speaking, teamwork, and decision-making, while learning how to listen, negotiate, and take responsibility for making a positive difference.

(Oracy & Communication, Critical Thinking & Reflection, Character Education, Enrichment, Leadership & Experiences)



House Captains

Who for: Years 4–6

What we do and learn:

House Captains lead their house teams by encouraging participation in school events, organising and promoting competitions, and representing the views of their house members. They motivate and support others, fostering a strong sense of belonging and team spirit. This role develops leadership, organisation, and communication skills, as well as the ability to inspire and bring people together to achieve shared goals.

(Oracy & Communication, Character Education, Enrichment, Leadership & Experiences)

Student Leadership -

these activities run during the school day



Peer Mentors

Who for: Years 4–6

What we do and learn:

Peer Mentors support the wellbeing of younger pupils by offering a friendly face, a listening ear, and guidance during playtimes and around school. They help resolve minor disagreements, encourage inclusive play, and promote positive behaviour. This role builds empathy, patience, and problem-solving skills, while strengthening the school's sense of community and care.

(Emotional Literacy & Self-Regulation, Character Education, Enrichment, Leadership & Experiences)



Junior Sports Leaders

Who for: Years 4–6

What we do and learn:

Junior Sports Leaders organise and lead games and activities during break times and school events, encouraging all pupils to take part in active, enjoyable play. They help set up equipment, demonstrate skills, and promote fair play and teamwork. This role develops leadership, organisation, and communication skills while fostering a love of sport and the benefits of an active lifestyle.

(Oracy & Communication, Character Education, Enrichment, Leadership & Experiences)

Student Leadership -

these activities run during the school day



Diversity Ambassadors

Who for: Years 4–6

What we do and learn:

Diversity Ambassadors promote inclusion and celebrate the different cultures, backgrounds, and experiences within our school community. They help to plan and lead events that raise awareness and understanding, represent pupil voice on diversity matters, and encourage respect and kindness towards everyone. This role develops empathy, communication skills, and a sense of responsibility for making the school a welcoming place for all.

(Oracy & Communication, Character Education, Enrichment, Leadership & Experiences)

