



**QUEEN ELEANOR
PRIMARY
ACADEMY**
Creative
Education
Trust

HELPING OUR CHILDREN GROW UP SAFE, HEALTHY & READY FOR LIFE

Our PSHE and Relationships Education curriculum helps children build the knowledge, skills and knowledge they need to thrive - now and in the future.



BUILD HEALTHY RELATIONSHIPS

Friendship; Families; Kindness;
Respect;
Healthy boundaries; Managing
disagreements



STAY SAFE ONLINE

Online friendships; Privacy; Social
media & gaming; Online bullying;
Scams and harmful content;
Knowing when and how to report
concerns



FEEL SAFE & SEEK HELP

Personal safety; Safe & unsafe
situations; Trusted adults; Body
boundaries; Knowing how to ask
for help



UNDERSTAND GROWING UP

How our bodies grow & change;
Correct names for body parts;
Puberty; Menstruation;
Personal Hygiene



LOOK AFTER THEIR WELLBEING

Feelings & emotions; Mental
wellbeing; Resilience;
Healthy Lifestyles; Sleep;
Exercise; Healthy eating



RESPECT OTHERS & BELONG

Different families; Equality &
Diversity; Challenging bullying &
Stereotypes; Respecting
differences; Being part of a
community



WHAT DOES THE LAW SAY

Schools must teach Relationships
Education and Health Education to all
Primary Pupils. Some related content is
also taught through the National
Curriculum for Science.



LOOK AFTER THEIR WELLBEING

Parents and carers are important partners
in their child's education.

We want you to understand what we teach,
when we teach it and why it matters.

You can:

- ✓ View our policy & curriculum
- ✓ Find out what your child will learn each year
- ✓ Ask questions or discuss any concerns with us
- ✓ Share your views through our parent consultation



YOUR RIGHTS AS A PARENT / CARER

Parents have the right to request that
your child is withdrawn from any non-
statutory Sex Education taught outside
the National Curriculum for Science.



There is not right to withdraw your child
from statutory Relationships Education,
Health Education or National Curriculum
Science



If you are considering withdrawal please
contact the Headteacher who will explain
the curriculum, listen to your concerns and
discuss your request.



HAVE YOUR SAY We value your views

Please share your feedback by
completing this short evaluation



Please complete the
short survey by:

**3rd September
2026**



Questions or what
to find out more?
Contact our PSHE lead:



To view the policy
and/or curriculum
please visit the
school website



CREATIVE EDUCATION TRUST
Unified Purpose, Empowered People