

**QUEEN ELEANOR
PRIMARY
ACADEMY**
*Creative
Education
Trust*



CO-CURRICULAR & GOLDEN TIME ACTIVITIES BROCHURE SPRING 2026

Our Co-Curricular Programme

At Queen Eleanor Academy, we are committed to providing a broad and exciting co-curricular programme that develops children's interests, talents, and wellbeing, while supporting their learning and personal growth. These opportunities are an essential part of school life, giving every child the chance to explore new experiences, build confidence, and discover what they love.

Our co-curricular offer is closely aligned with the Creative Education Trust (CET) values of Ambition, Equity, and Opportunity.

- Ambition – inspiring our students to aim high and achieve their personal best.
- Equity – ensuring all pupils have fair access to high-quality experiences.
- Opportunity – opening doors to new skills, friendships, and lifelong passions.

The activities and clubs in our programme are also linked to the Personal Development Framework, which helps us nurture key skills such as:

- Oracy & Communication – building confidence in speaking and listening.
- Critical Thinking & Reflection – encouraging problem-solving and independent thinking.
- Emotional Literacy & Self-Regulation – supporting wellbeing and resilience.
- Teamwork, Leadership & Collaboration – developing responsibility and belonging.

These elements are carefully planned to ensure every child has access to meaningful experiences that help them grow as learners and individuals.

We offer a range of activities throughout the school week, each with its own sign-up process:

- Leadership Programmes – These take place in school. Students sign up and apply during the school day.
- Lunchtime Clubs – Students sign up at school and take part during lunch breaks.
- Golden Time – Every Friday, 2:00–2:30pm. Children select their activity at school, usually for half a term at a time.
- After-School Clubs – Parents sign up via Arbor. Please note that clubs delivered by external providers may have a cost, which will be clearly shown at the bottom of each page.

We are committed to ensuring every child can participate, regardless of circumstance. Pupil Premium funding is available to support families who may need help with the cost of clubs.

Golden Time Clubs



Biscuit and Book Club

When: Golden Time

Who for: Reception to Year 1

What we do and learn:

Children share high-quality picture books in a relaxed, social setting while enjoying a biscuit. They listen attentively, join in with repeated language and rhymes, and talk about the stories, characters, and their own experiences. This nurtures early language development, builds confidence in speaking, and encourages a lifelong enjoyment of reading.

Oracy & Communication, Critical Thinking & Reflection



Chair Yoga

When: Golden Time

Who for: Reception to Year 6

What we do and learn:

Chair Yoga provides pupils with a calm, accessible way to stretch, breathe and relax while remaining seated. The sessions help children develop body awareness, balance and flexibility, while learning simple breathing and relaxation techniques. Chair Yoga supports emotional wellbeing by helping pupils manage stress, improve focus and regulate their emotions in a gentle, supportive environment.

Emotional Literacy & Self-Regulation · Character Education · Personal Responsibility & Agency · Enrichment, Leadership & Experiences

Golden Time Clubs



Crochet Club

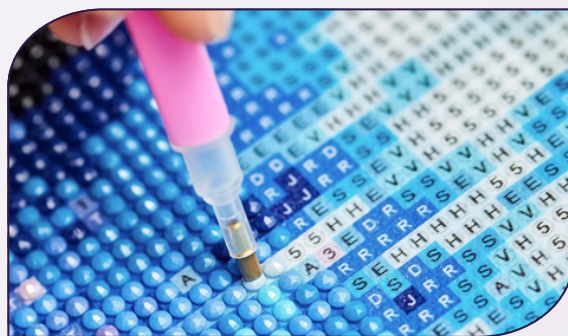
When: Golden Time

Who for: Year 1 to Year 6

What we do and learn:

Crochet Club offers pupils a calm, creative space to learn and practise crochet techniques. Children develop fine motor skills, concentration and patience as they follow patterns and create their own pieces. The club encourages perseverance and pride in completing a project, while providing a relaxing environment that supports focus, wellbeing and creativity.

(Emotional Literacy & Self-Regulation · Character Education · Critical Thinking & Reflection · Enrichment, Leadership & Experiences



Diamond Art

When: Golden Time

Who for: Year 2 to Year 6

What we do and learn:

Children carefully place small resin “diamonds” onto a patterned guide to create intricate, sparkling designs. This activity strengthens fine motor skills, hand-eye coordination, and the ability to focus for sustained periods. It also encourages patience, attention to detail, and pride in completing a detailed piece of work. Diamond Art is a creative skill that can be used to produce decorative gifts, personalise belongings, and foster a sense of achievement through careful craftsmanship.

Emotional Literacy & Self-Regulation, Character Education

Golden Time Clubs



Junk Modelling

When: Golden Time

Who for: Year R to Year 6

What we do and learn:

Junk Modelling encourages pupils to design and create models using recycled and everyday materials. Children plan, problem-solve and experiment as they turn ideas into physical creations. The activity develops creativity, perseverance and teamwork, while helping pupils reflect on what works, adapt their designs and take pride in their finished models.

(Critical Thinking & Reflection ·
Personal Responsibility & Agency ·
Enrichment, Leadership &
Experiences)



Lego

When: Golden Time

Who for: Year 2 - Year 6

What we do and learn:

Children design and build models using LEGO bricks, working from their own ideas or set challenges. They develop fine motor skills, spatial awareness, and problem-solving by testing and adapting their designs. Working individually or in groups, they practise sharing ideas, negotiating plans, and helping each other bring creations to life. These skills support creative thinking, teamwork, and perseverance, which can be applied to many learning and real-life situations.

(Critical Thinking & Reflection, Oracy
& Communication, Character
Education)

Golden Time Clubs



Card Games

When: Golden Time

Who for: Year 5 & Year 6

What we do and learn:

Card Games Club gives pupils the opportunity to play a range of games, including Uno, in a friendly and supportive setting. Children practise turn-taking, following rules and strategic thinking, while learning to win and lose graciously. The club helps pupils develop patience, focus and positive social interaction, supporting emotional regulation and respectful communication with others.

Oracy & Communication · Emotional Literacy & Self-Regulation · Critical Thinking & Reflection · Character Education · Enrichment, Leadership & Experiences



Musical Theatre and Production

When: Golden Time

Who for: Reception to Year 6

What we do and learn:

Musical Theatre & Production allows pupils to take part in all aspects of putting on a performance, including acting, singing, movement and backstage roles. Children work collaboratively to rehearse, solve problems and bring a production together. The club builds confidence, creativity and teamwork, while helping pupils manage performance nerves and take pride in contributing to a shared outcome.

Oracy & Communication · Character Education · Personal Responsibility & Agency · Enrichment, Leadership & Experiences

Golden Time Clubs



MineCraft for Education

When: Golden Time

Who for: Year Reception to Year 6

What we do and learn:

Minecraft for Education gives pupils the opportunity to use digital creativity to design, build and solve problems collaboratively. Children plan projects, think critically and work together to complete challenges within a shared virtual world. The club encourages communication, perseverance and reflection, while helping pupils take responsibility for their choices and learn from success and mistakes.

Critical Thinking & Reflection ·
Oracy & Communication · Personal
Responsibility & Agency · Character
Education · Enrichment, Leadership
& Experiences



Body Percussion

When: Golden Time (SPRING 2026)

Who for: Reception to Year 2

What we do and learn:

Desk Drumming & Body Percussion allows pupils to explore rhythm, sound and movement using their bodies and everyday surfaces. Children learn patterns, keep time and perform together, developing coordination, focus and confidence. The activity encourages listening, teamwork and self-expression, while providing a positive outlet for energy and emotions in a fun, inclusive setting.

Oracy & Communication · Emotional
Literacy & Self-Regulation ·
Character Education · Enrichment,
Leadership & Experiences

Golden Time Clubs



Gardening

When: Golden Time

Who for: Year Reception to Year 4

What we do and learn:

Gardening gives pupils the opportunity to care for plants and outdoor spaces while learning about growth, responsibility and the natural world. Children plant, water and maintain gardens, developing patience and pride as they see the results of their efforts over time. The activity encourages calm focus, teamwork and reflection, supporting wellbeing and a sense of connection to the environment.

Personal Responsibility & Agency ·
Emotional Literacy & Self-Regulation
· Character Education · Critical
Thinking & Reflection · Enrichment,
Leadership & Experiences



Strategy Games

When: Golden Time

Who for: Year 2 to Year 6

What we do and learn:

Strategy Games Club challenges pupils to think ahead, plan moves and solve problems through a range of board and logic-based games. Children develop concentration, patience and resilience as they test ideas, adapt strategies and learn from outcomes. Playing with others also supports respectful communication, turn-taking and positive responses to winning and losing.

Critical Thinking & Reflection · Oracy
& Communication · Character
Education · Emotional Literacy &
Self-Regulation · Enrichment,
Leadership & Experiences

Golden Time Clubs



QEP Press Gang

When: Tuesday 15:30 - 16:30

Who for: Year 4–Year 6

What we do and learn:

Pupils take on the role of school journalists, reporting on events and achievements at Queen Eleanor. They learn how to research, interview, write, and edit articles, as well as select images to support their stories. The finished reports are published as news updates for the school community. This club develops clear communication, attention to detail, and the ability to work to deadlines. It also builds teamwork and pride in sharing the successes of others and a way of sharing all of the wonderful things that happen at QEP with the community.

Oracy & Communication, Critical Thinking & Reflection, Character Education



Just Dance

When: Tuesday 15:30 - 16:30

Who for: Reception to Year 6

What we do and learn:

Just Dance gives pupils a fun and energetic way to stay active through music and movement. Children follow routines, copy sequences and dance together, building coordination, confidence and rhythm. The activity encourages positive self-expression, teamwork and enjoyment, while supporting wellbeing and helping pupils manage energy and emotions in a lively, inclusive environment.

Oracy & Communication · Emotional Literacy & Self-Regulation · Character Education · Enrichment, Leadership & Experiences

Golden Time Clubs



Football Club

When: Golden Time

Who for: Year 4 to Year 6

What we do and learn:

Football Club gives pupils the opportunity to develop sporting skills while working as part of a team. Players learn core techniques, rules and tactics, building fitness, coordination and confidence. The club promotes teamwork, discipline and resilience, encouraging pupils to manage emotions, respond positively to challenge and take responsibility for their role on and off the pitch.

Personal Responsibility & Agency ·
Emotional Literacy & Self-Regulation ·
Character Education · Enrichment,
Leadership & Experiences

Lunchtime and After-School Clubs



Time to Play

When: After School Club

Who for: Early Years and Year 1 (with KS2 leaders supporting)

What we do and learn:

This club provides a variety of play-based activities for Early Years children, supported by older KS2 pupils acting as play leaders. Younger children develop social skills, turn-taking, and the ability to share and cooperate through imaginative play, construction, and games. KS2 leaders gain experience in guiding and encouraging younger pupils, building empathy, patience, and responsibility. These experiences promote positive relationships across year groups and give pupils confidence in working with others.

Oracy & Communication, Character Education, Enrichment, Leadership & Experiences



Hockey Skills

When: Thursday Lunchtime Club

Who for: Reception to Year 6

What we do and learn:

Children learn and practise core hockey skills such as dribbling, passing, receiving, and shooting. Sessions include fun drills and small-sided games that develop coordination, agility, and spatial awareness. Pupils also learn the importance of teamwork, communication, and fair play. Taking part in sport helps to build a lasting enjoyment of physical activity and supports a healthy, active lifestyle. These skills can be applied in PE lessons, school competitions, and other team sports, building both physical fitness and confidence.

Character Education, Personal Responsibility & Agency, Oracy & Communication

After-School Clubs



Young Voices

When: After School Club (Friday)
15:15 - 16:30

Who for: Year 4–Year 6

What we do and learn:

Join our Young Voices Club and be part of an unforgettable musical experience! Each week, we'll practise exciting songs and routines to prepare for the spectacular Young Voices concert, where thousands of children come together to perform in a professional arena. A fun way to build confidence, teamwork, and a love of singing!

Oracy & Communication, Character Education



Debate Club

When: After School Club (Tuesday)
15:15 - 16:30

Who for: Years 4–Year 6

What we do and learn:

Pupils explore current issues and topics of interest, learning how to research, structure, and present persuasive arguments. They practise speaking with clarity and confidence, listening actively, and responding respectfully to differing viewpoints. Through friendly debates, they develop the ability to think critically, consider multiple perspectives, and adapt their reasoning. These skills strengthen communication, teamwork, and problem-solving, and can be applied to many areas of learning and life.

Oracy & Communication, Critical Thinking & Reflection, Character Education

After-School Clubs



Dance Club

When: Thursday 15:15 - 16:30

Who for: Reception - Year 4

What we do and learn:

Dance Club allows pupils to explore movement and creativity in structured sessions led by a qualified dance instructor. Children learn simple routines, develop coordination and balance, and build confidence through expressive movement. Working together helps pupils follow instructions, practise skills and take pride in their achievements, while dance also supports emotional wellbeing and positive self-expression.

Oracy & Communication · Emotional Literacy & Self-Regulation · Character Education · Enrichment, Leadership & Experiences

Cost: £5.50 per session (PP funding available)



Percussion Club

When: Tuesday 15:15 - 16:15

Who for: Reception - Year 2

What we do and learn:

In Percussion Club, children explore a range of instruments and rhythms through fun, hands-on musical activities. They learn to keep a steady beat, experiment with sounds, and play together as a group, developing early musical skills and coordination.

The sessions encourage listening, turn-taking, and self-expression, helping children to build confidence and enjoy making music with others.

Oracy & Communication, Creativity, Physical Wellbeing, Emotional Regulation, Teamwork & Collaboration, Resilience

Cost: £5 per session (PP funding available)

After-School Clubs



Gymnastics club

When: Wednesday 15:15 - 16:30

Who for: Year Reception- Year 4

What we do and learn:

In Gymnastics Club, children explore a variety of fun and engaging activities that help them develop balance, coordination, strength, and flexibility. Through learning different movements, shapes, and simple routines, they build confidence in their physical abilities and improve body awareness. Students will also develop key skills such as perseverance, focus, and teamwork as they support and encourage one another.

Emotional Regulation, Critical Thinking

Cost: £5.50 per session (PP funding available)



Archery Club

When: Friday 15:15 - 16:30

Who for: Whole School

What we do and learn:

Archery Club introduces pupils to the skill of archery in a safe, focused and supportive environment. Children learn correct technique, concentration and control while developing patience and precision. The activity encourages pupils to set personal goals, practise consistently and reflect on their progress. Archery also supports emotional regulation, helping pupils remain calm, focused and resilient when faced with challenge.

Personal Responsibility & Agency · Emotional Literacy & Self-Regulation · Character Education · Critical Thinking & Reflection · Leadership & Experiences

Cost: £5:50 per session (PP funding available)

After-School Clubs



Musical Theatre Club

When: Tuesday 15:15 - 16:30

Who for: Reception - Years 3-6

What we do and learn:

Musical Theatre Club gives pupils the opportunity to sing, act and move as part of a supportive ensemble. Children build confidence by performing together, learning routines and expressing character and emotion through drama and music. The club encourages teamwork, creativity and commitment, while helping pupils develop communication skills and manage performance nerves in a positive environment.

Oracy & Communication · Emotional Literacy & Self-Regulation · Character Education · Enrichment, Leadership & Experiences

Cost: £5.50 per session (PP funding available)



Basketball Club

When: Monday 15:15 - 16:30

Who for: Years 5 + Year 6

What we do and learn:

IBasketball Club gives pupils the opportunity to develop physical skills while working as part of a team. Children learn core basketball techniques, rules and game play, building coordination, stamina and confidence. The club promotes teamwork, discipline and resilience, helping pupils manage emotions, respond positively to challenge and take responsibility for their role within a group.

Personal Responsibility & Agency · Emotional Literacy & Self-Regulation · Character Education · Enrichment, Leadership & Experiences

Cost: £5.50 per session (PP funding available)

After-School Clubs



Sign Language Club

When: Monday 15:15 - 16:30

Who for: Year 2 to Year 6

What we do and learn:

Children learn basic sign language through fun, interactive activities, starting with everyday words and phrases before moving on to songs and simple conversations. Each week, they practise together, building the confidence to communicate in new ways and developing empathy by understanding how others experience the world. This activity develops focus, perseverance, and teamwork while providing leadership opportunities as children support their peers. It builds vital communication skills.

Oracy & Communication, Inclusion & Diversity, Character & Leadership

Student Leadership -

these activities run during the school day



Student Council

Who for: Years 4–6

What we do and learn:

Student Councillors represent the views of their classmates and work together to help shape the direction of the school. They take part in regular meetings to discuss ideas for school improvement, lead assemblies, welcome and speak with visitors, and act as ambassadors for the school. Through this role, pupils develop confidence in public speaking, teamwork, and decision-making, while learning how to listen, negotiate, and take responsibility for making a positive difference.

Oracy & Communication, Critical Thinking & Reflection, Character Education, Enrichment, Leadership & Experiences



House Captains

Who for: Years 4–6

What we do and learn:

House Captains lead their house teams by encouraging participation in school events, organising and promoting competitions, and representing the views of their house members. They motivate and support others, fostering a strong sense of belonging and team spirit. This role develops leadership, organisation, and communication skills, as well as the ability to inspire and bring people together to achieve shared goals.

Oracy & Communication, Character Education, Enrichment, Leadership & Experiences

Student Leadership -

these activities run during the school day



Peer Mentors

Who for: Years 4–6

What we do and learn:

Peer Mentors support the wellbeing of younger pupils by offering a friendly face, a listening ear, and guidance during playtimes and around school. They help resolve minor disagreements, encourage inclusive play, and promote positive behaviour. This role builds empathy, patience, and problem-solving skills, while strengthening the school's sense of community and care.

Emotional Literacy & Self-Regulation, Character Education, Enrichment, Leadership & Experiences



Junior Sports Leaders

Who for: Years 4–6

What we do and learn:

Junior Sports Leaders organise and lead games and activities during break times and school events, encouraging all pupils to take part in active, enjoyable play. They help set up equipment, demonstrate skills, and promote fair play and teamwork. This role develops leadership, organisation, and communication skills while fostering a love of sport and the benefits of an active lifestyle.

Oracy & Communication, Character Education, Enrichment, Leadership & Experiences

Student Leadership -

these activities run during the school day



Diversity Ambassadors

Who for: Years 4–6

What we do and learn:

Diversity Ambassadors promote inclusion and celebrate the different cultures, backgrounds, and experiences within our school community. They help to plan and lead events that raise awareness and understanding, represent pupil voice on diversity matters, and encourage respect and kindness towards everyone. This role develops empathy, communication skills, and a sense of responsibility for making the school a welcoming place for all.

Oracy & Communication, Character Education, Enrichment, Leadership & Experiences

